

BEFORE DISCHARGE:

When you are discharged from outpatient surgery, you will be given the following documents (if necessary):

- A prescription for pain relief medication and wound care as required
- A prescription for receiving care at home, if necessary
- Medical leave from work, if necessary
- The date for a post-operative follow-up appointment

CONDITIONS FOR RETURNING HOME ARE:

Means of transport: preferably in a private car, and you must be accompanied by an adult.

Presence of someone to help you at home over the first night.

THE FIRST 24 HOURS FOLLOWING THE OPERATION:

- Do not smoke immediately after sedation or an anaesthetic
- Do not drive a vehicle or use dangerous tools or machines
- Rest, do not exert yourself
- Do not consume any alcohol or sedatives
- Do not make any decisions or commitments which may incur your own responsibility

ESSENTIAL SKILLS FOR BEING DISCHARGED:

- Identification of warning signs that require contact with the doctor
- Treatment and monitoring of pain-relief medication
- Conditions for resuming personal treatments, particularly in case of anti-coagulant treatment

THE FOLLOW-UP

When you are admitted, the nurse will ask you if you would like to be called the day after your hospitalization by someone from our nursing team. If so, a nurse will contact you to check on you.

If you have any problems, please do not hesitate to call us at **+352 286 9215**.

Gynecology - 2nd floor, Clinique Bohler

> **Monday to Friday from 7am to 3pm**

Phone: +352 286 239 219

> **Weekends and holidays from 3pm**

Phone: +352 286 239 215

